

Lifeguard/Swimming Instructor Job Description

NATURE OF WORK

Directs and assist with the teaching of swimming lessons to all skill levels and provides proper lifeguard supervision of Prince Thomas Park Beach.

SUPERVISION EXERCISED

Responsible to the Waterfront Director and/or the Recreation Director. Responsible for the safety of all participants in the swim program and those who use the beach area.

ESSENTIAL DUTIES AND RESPONSIBILITIES

Prevent accidents through the enforcement of policies, rules, regulations and ordinances governing the conduct of persons using Prince Thomas Park Beach. Monitors the use of the swimming area; enforces safety rules.

Maintain all Red Cross Water Safety Standards. Pay attention to assigned duties and areas at all times. Report all accidents, physical hazards and beach infractions to Waterfront Director as soon as possible. Maintain a cheerful attitude and remain courteous at all times. Maintain an acceptable appearance at all times as to both uniform and personal hygiene. Assist in any area of beach operation including cleaning and maintenance, when requested to do so by the Waterfront Director.

Prepares lesson plans one week in advance and updates plans daily. Responsible for all other assigned duties.

PERIPHERAL DUTIES

Serves as Recreational Assistant when called upon.

DESIRED MINIMUM QUALIFICATIONS

Education and experience:

- (A) Current Red Cross Lifeguarding certificate.
- (B) Red Cross current certificate.
- (C) Must be 15 years or older.
- (D) Red Cross CPR certificate.
- (E) Strong competitive swimming skills and experience working with children

Necessary Knowledge, Skills and Abilities

- (A) Thorough knowledge of the principals and practices of a Waterfront program.
- (B) Ability to carry out assigned tasks in a professional, orderly manner.
- (C)

SPECIAL REQUIREMENTS

Ability to work in the sun for extended periods of time.

TOOLS AND EQUIPMENT USED

Sunscreen, whistle, bathing suit, pen and paper.

PHYSICAL DEMANDS

The physical demands described here are representative of those that must be met by an employee to successfully perform the duties of the job.

While performing the duties of this job, the employee is required to work directly in the sun for long periods of time. The employee is required to swim for extended periods of time as well. The employee is also required to assist the Recreation Director with the installation and removal of the floats at the beach.

While performing the duties of this job, the employee is frequently required to swim, walk, sit and talk or hear. The employee is occasionally required to use hands to finger, handle, feel or operate objects, tools, or controls; and reach with hands and arms. The employee is occasionally required to climb or balance.

The employee must occasionally lift and/or move over 100 pounds. Specific vision abilities required by this job include close vision, distance vision, peripheral vision and the ability to adjust focus.

WORK ENVIRONMENT

While performing the duties of this job, the employee continually works in a variety of weather conditions. The employee works with a number of children at one time. The employee works in an environment where it can be very noisy at times.